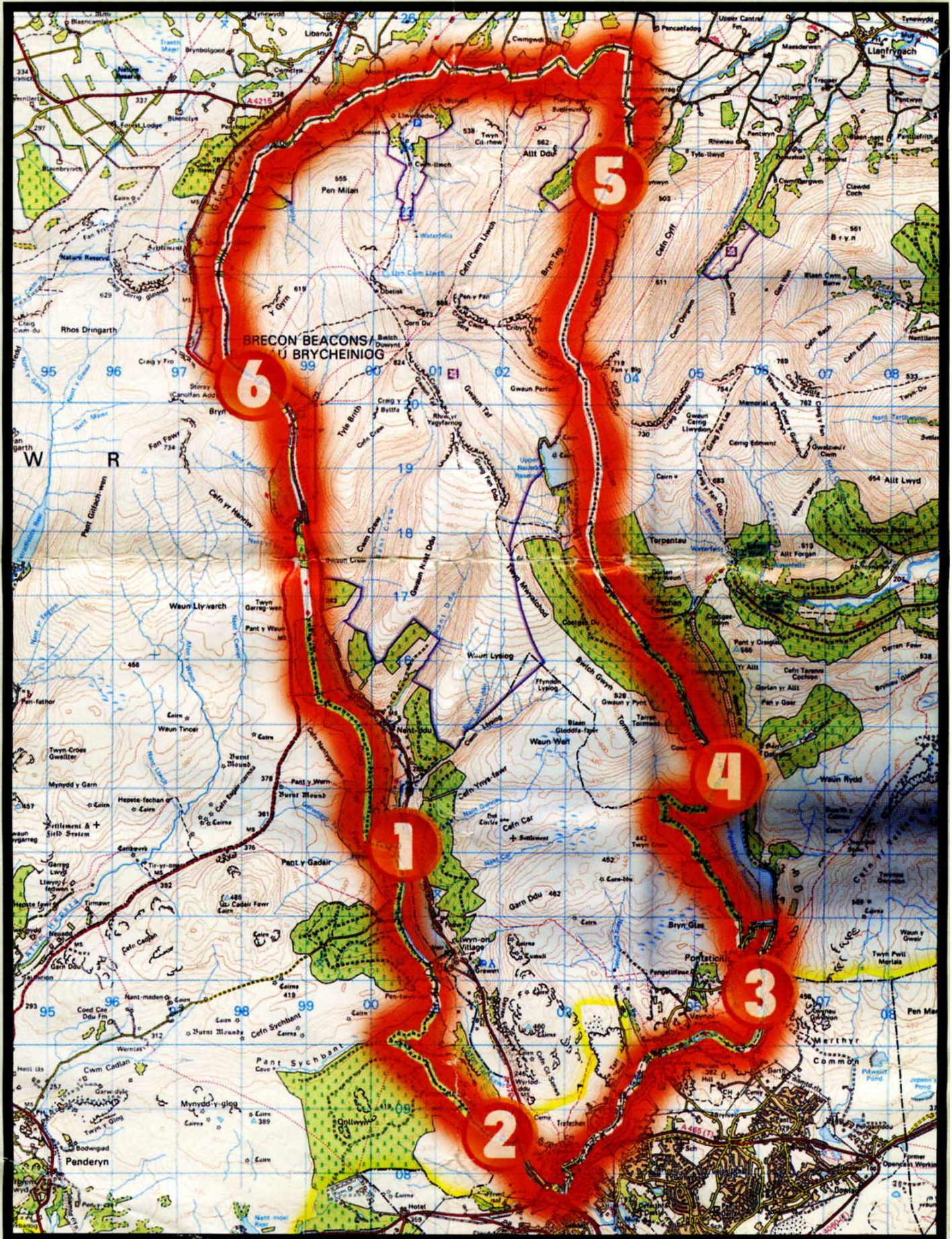




TOUR OF THE BRECON BEACONS

56KM (35 MILES)





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1. START. (GR160/003131)

Garwnant Forest Centre

Ride back down the entrance road and turn sharp R at the bottom. Continue to the far end of the reservoir and keep SA to climb steeply to a farm. Keep SA through the yard to a gate and drop around a RH bend to continue to a gate at the edge of the forest. Stay on the main track for over 1km, where it turns sharp L at the edge of the forest. Continue climbing, still on the main track, and where it swings sharp R, keep SA to descend for 1.5km to a farm.

2. (GR020085)

Penmoelallt Farm.

Distance so far: 7.3km

Fork R, through two gates, and drop to junction by the A470. Turn L through a gate (BW) and drop beneath the road, keeping R to climb up parallel to it. Stay on this track and ride beneath the road again and drop steeply to cross a bridge and ride beneath the viaduct. Continue up the hill to the high street and turn L and then R (Old Drill Hall Road). Keep SA down a narrow alley beside the church (SP Taff Trail) and swing R onto the old railway line. Follow this for 5km to the road and turn L.

3. (GR061105). Road

near Pontsticill.

Distance so far: 15km

Go under the railway and fork R, continuing for another 1km to the Pontsticill Reservoir. Swing L, over the dam, and continue into the village to a track on the R (SP Taff Trail). Take this to the road and turn R for 300m to a forest track on the L. Ride round the barrier and continue on this trail, eventually dropping to a bridge and climbing steeply out the other side. Fork L at the only major junction (SP Taff Trail) and continue up and then down to the road. Turn L to a junction.

4. (GR956386) Junction at northern end of Pontsticill Res.

Distance so far: 22.1km

Turn L (Talybont-on-Usk) and keep L at a fork after 2km. Climb easily to a junction with two tracks on the R. Take the second track (No Vehicles Except 1-31 March, 1-15 Sept) and climb then drop into a ravine. Climb again to the obvious pass in the mountains. Keep SA to drop to a gate and continue SA onto the road.

5. (GR037237) Road head at Cwm Cynwyn.

Distance so far: 32.9km

Drop to cross a bridge and turn L then first L to continue for 2km (ignoring a R fork) to a



T-junction. Turn L and swing R to a x-roads, where you keep SA to another junction, where you turn L. Continue to another junction and bear L onto no through road. Follow this past a farm on the R where it turns to a stony track. Follow this up to the A470 at the Storey Arms. **C. (GR983203) Storey Arms.**

Distance so far: 47.5km

Turn L onto the road and follow it to the A4059. Turn L onto this and then turn L onto a forest track (stile). Keep SA, across another stile and over open land to another forest. Keep SA to climb easily and then drop for 3km to a T-junction. Turn L here and then take the first L, back into the car park.

TOTAL DISTANCE: 56KM (35 MILES)